

Child  
Dynamix



## Parent Peer Mentors

Become a  
Volunteer!



For families with children  
aged 10 to 16 years

**Are you a parent who...**



- Has experience of **parenting teenagers** ?
- Can draw on their own experiences ?
- Has **time** to offer to support another parent ?
- Is **able to listen** and not to judge ?

**You could become a Mentor!**

**We can offer you:**

- **Opportunities** to develop your skills, knowledge and employability
- **One to one** and **group support**
- The **satisfaction** of helping others
- **Expenses** for travel, refreshments and childcare

**For more information**

**Contact: Liz Hammond**

Child Dynamix, 50 Boulevard, Hull, HU3 2TA

Tel: **01482 799070**

Mobile: **07519 567794**

Email : [liz.hammond@childdynamix.co.uk](mailto:liz.hammond@childdynamix.co.uk)  
[info@childdynamix.co.uk](mailto:info@childdynamix.co.uk)

**[www.childdynamix.co.uk](http://www.childdynamix.co.uk)**



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Communities where children  
& young people thrive!