

Parent Peer Mentor

Volunteer Task Description and Person Specification

Role	Parent Peer Mentor
Reporting to	Parent Peer Mentor Worker
Time Period	Ongoing

Aims of the Parent Peer Mentor Project

To provide one to one support to other parents in order to enable them to make positive changes in their lives and improve their emotional well-being and the resilience of their children and family.

Tasks

- To provide one to one support sessions
- To listen to and action plan with the mentee
- To signpost mentees to appropriate services
- To complete relevant paper work
- To take part in one to one and group supervision
- To report concerns about their mentee to the Parent Peer Mentor Worker
- To seek support and advice from the Parent Peer Mentor Worker
- To actively promote the charity providing information about the services Child Dynamix has to offer
- To support and engage others in charity event opportunities

Personal qualities

<p>Relevant experience</p> <ul style="list-style-type: none"> • Experience of parenting • Experience of overcoming personal difficulties • A good understanding and willingness to follow health and safety procedures as well as manual handling procedures when moving or lifting equipment. 	<p>Skills</p> <ul style="list-style-type: none"> • Ability to communicate effectively • Ability to keep written records • Enthusiasm and interest for the role
<p>Knowledge</p> <ul style="list-style-type: none"> • Committed to undertaking mentoring training and other relevant training courses 	<p>Communication skills</p> <ul style="list-style-type: none"> • Able to listen • Contactable via telephone and/or email • Happy to talk with other mentor at team meeting. • Able to engage and communicate with the community
<p>Competencies</p> <ul style="list-style-type: none"> • Happy to work under the guidance and support of the Parent Peer Mentor Worker • Maintain regular contact the Parent Peer Mentor Worker • Able to maintain confidentiality • Keep any receipts needed to claim expenses • Able to manage your own time, be punctual and presentable • Able to use your initiative and ask for support when needed 	<p>Respect,</p> <ul style="list-style-type: none"> • Respect for others’ opinions, beliefs and points of view • Has empathy towards other parents and their situations • Comply with all policies, procedures and code of conduct set by Child Dynamix

Due to the nature of this volunteering work the provisions of Section 4(2) of the 1974 Rehabilitation of Offenders Act do not apply.

Information about convictions, which for other purposes are “spent” must therefore be disclosed but may not exclude you from becoming a volunteer with Child Dynamix.

Applicants will need to give permission for an enhanced Disclosure and Barring Service check to be made.

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