

Child
Dynamix



Parent Peer Mentors

Become a
Volunteer!



For families with children
aged **10** to **16** years

Are you a parent who...



- Has experience of **parenting teenagers** ?
- Can draw on their own **experiences** ?
- Has **time** to offer to support another parent ?
- Is **able to listen** and not to judge ?

You could become a Mentor!

We can offer you:

- **Opportunities** to develop your skills, knowledge and employability
- **One to one** and **group support**
- The **satisfaction** of helping others
- **Expenses** for travel, refreshments and childcare

For more information

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**Child
Dynamix**

Communities where children
& young people thrive